

ANNUAL REPORT 2024-25

Little Flower College of Nursing in Trivandrum is a beacon of excellence, nurturing compassionate nurses who bring healing and hope to those in need. With its strong foundation in academics and commitment to holistic care, our esteemed institution continues to make a profound impact on the healthcare landscape.



Little Flower College of Nursing was started in 2013 by the Trivandrum Social Service Society Trust (TSSS), Latin Archdiocese of Trivandrum. This is the prime nursing institution by the Trivandrum Latin Diocese. The college is affiliated to the Kerala University of Health Sciences and approved by Indian Nursing Council, Kerala Nurses and Midwives Council. The total intake of students is 55 per year.

Our Motto: Enlighten to Lighten

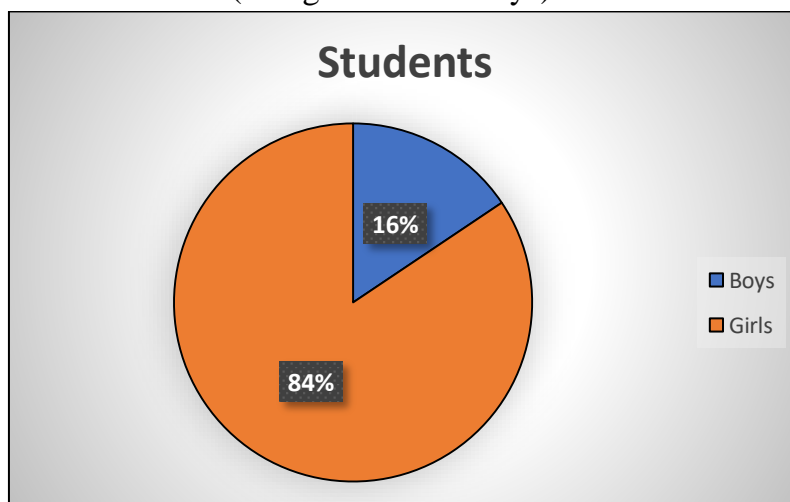
Course: BSc Nursing

Faculty

The faculty at Little Flower College of Nursing are highly qualified and experienced professionals who provide quality education and mentorship to nursing students. With expertise in various nursing specializations, they foster a supportive learning environment that empowers students to excel in their careers.

Our institution proudly maintains a student-to-teacher ratio of 10:1, currently we have 23 faculty members, 13 non-teaching staff in addition to 10 external faculty members. We offer specialized sessions in Motivational Mentoring, Communicative English, Computer Skills, and OET classes to enhance our students' journey.

Students strength - 219 students (185 girls and 34 boys)



Academic Achievements

The young minds in Little Flower College of Nursing have showcased remarkable academic prowess, pushing boundaries and achieving excellence. Their dedication, perseverance, and passion for learning have truly paid off, setting a shining example for their peers. We are delighted to acknowledge the outstanding academic achievements of our students:

1st Semester – 3 Distinction, 37 first Division and 3 second Division

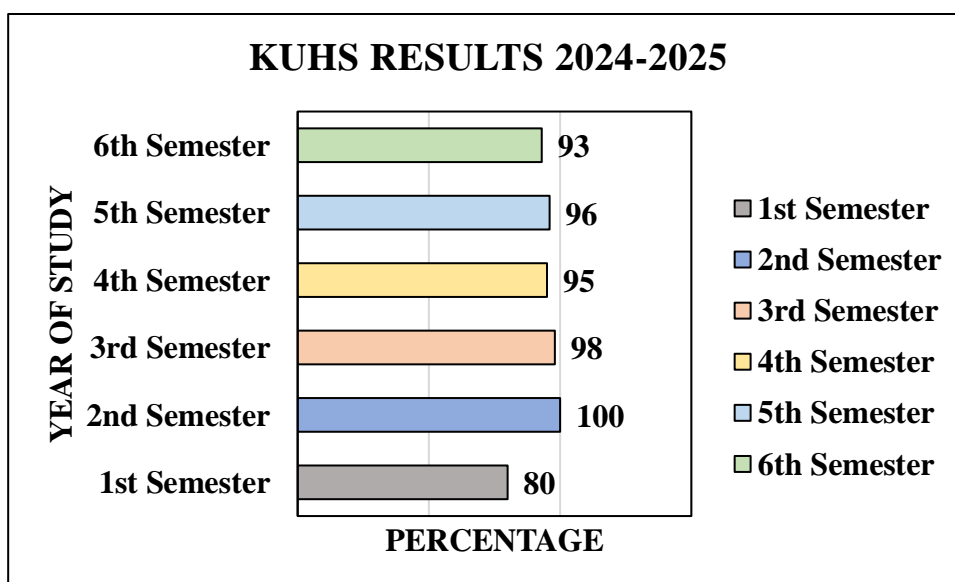
2nd Semester – 16 Distinction, 38 first Division

3rd Semester – 4 Distinction, 47 first division and 2 second division

4th Semester – 10 distinction, 41 first division and 1 second division

5th Semester – 3 distinction, 42 first division

6th Semester – 5 distinction, 46 first division



Academic Toppers

1st year – Mr Edwin J S

2nd year – Ms Sneha Mary Rames

3rd year – Ms Sneha S

4th year – Ms Meenu MK

Physical Infrastructure

Our college is housed in a three-story building spanning 41,683 square feet, as per the norms prescribed by apex bodies. The college has spacious smart classrooms, seven well-equipped labs, examination hall and digital evaluation centre, our library holds 4,589 textbooks, 28 national and international journals.

Clinical Training

Students of Little Flower College of Nursing have the privilege of gaining clinical experience at our parent hospital, Jubilee Memorial Hospital, a 220-bed multi-specialty hospital. Additionally, we collaborate with RCC, Cosmo, Mental Health Centre and Women & Child Hospital to provide a holistic clinical experience to our students, emphasizing the importance of practical care.

Hostel

With the grace of God, our cherished dream of having our own hostel became a reality on August 19, 2023, The blessing ceremony was graced by His Excellency Most Rev. Dr. Christudas R, Auxiliary Bishop of Thiruvananthapuram Latin Archdiocese, and other esteemed dignitaries. Our ladies' hostel spans 22,611 square feet, with 41 rooms across three floors accommodating 150 beds. It features an adorable chapel, spacious kitchen and dining areas, and a badminton court.

Faculty Development Programme and Journal Club

We are blessed with a committed and well-qualified teaching and non-teaching staff. Monthly meetings are conducted and evaluation of recent articles in the academic literature are done. Our faculties are actively involved in conducting workshops and presented scientific papers at national and international platforms.

Special Achievements

- KIRFA Ranking – 2nd in Thiruvananthapuram and 8th in Kerala State



Institutional Committees

Different committees are active in our college namely: College Council, Curriculum Committee, Anti-Ragging Committee, Hostel Committee, Library Committee, College

Development Committee, Faculty Development Committee, Extracurricular Committee, and Selection Committee. Meetings are conducted on a regular basis by all committees.

Value added courses

Special care is taken for the spiritual and psychological development of the students. Retreats are conducted annually. Counselling is given under SSGP to all the students every month and whenever needed by the Principal. Catholic students are instructed to participate in the Holy Mass. Prayer groups, prayer meetings, adoration, confession, and singing practice are active in the college. Personality and value orientation classes are arranged frequently.

Internal Quality Assurance Cell (IQAC)

The IQAC, established in January 2023, plays a pivotal role in maintaining and monitoring the academic, extra-curricular, and administrative aspects of the college, with the exclusive purpose of quality improvement. The college IQAC works with the vision of empowering one another for the betterment of the institution under the leadership of IQAC Chairman Prof Dr. Sindhu Kuruvila.

Alumni Association

The Little Flower College of Nursing Alumni Association is a vibrant community of nursing professionals who have graduated from the college, aiming to foster lifelong connections among alumni, promote professional growth, and support the college's mission. The association provides opportunities for mentorship, career support, and recognition of outstanding achievements through regular reunions, networking events, and online platforms. The Alumni association also sponsors scholarship for deserving students.

Parent Teacher Association

The Parent Teacher Association (PTA) at Little Flower College of Nursing is a non-profit organization that works for the progress of the college, comprising parents, guardians, and teaching staff. The PTA has an executive committee that meets every two months, led by officeholders including a patron, chairman, president, vice president, secretary, joint secretary, and treasurer, to facilitate communication and collaboration between parents and faculty. Little Flower College of Nursing has a robust Parent Teacher Association and many important and enriching events are organized by this body. Mr. Felix John and Mrs. Rani Xavier were elected as the President and Vice President respectively.

Placement Cell

The Placement Cell at Little Flower College of Nursing plays a vital role in shaping the careers of nursing students by providing them with excellent job opportunities and support. With top recruiters from hospitals, and healthcare industries visiting the campus, the college ensures that its students are well-placed with attractive packages. The final year students are

also exposed to planned orientation programs for OET and German language to open various career opportunities. Induction programs are also conducted in collaboration with Jubilee Memorial Hospital to prepare students for future roles.

Educational visits and Tour

Educational visits, tours and excursions are part of our college life. Our students visited different areas in and out of Kerala. Observation visits to various institutions as a part of their academic requirements including Anatomy and physiology laboratory visit NIMS dental Science College, Neyattinkara, Benedict Menni Psychosocial Rehabilitation Center, Menamkulam, Gokulam College of Nursing and Hospital, Kerala Nurses and Midwives Council visit, Pratheeksha IRCA De-addiction center, Puthenthope Panchayat office, Aruvikkara water purification plant, Sewage treatment plant, Cheshire home, TB centre, Palayam market, Milma, Titanium, Santhigiri as part of AYUSH clinic, NIMS centre for genomic medicine and Biomedical waste management Jubilee Memorial Hospital. Staff and student tours are also organized every year batch wise and the students are always accompanied by teaching faculty. A staff tour was also arranged on 28.08.2025 the destination was Kollam boating. These trips boost enthusiasm, team spirit among faculty and students.



HIGHLIGHTS OF PROGRAMMES CONDUCTED IN COLLEGE

The college has paved the way for enlightening the talents of undergraduates through participating in various activities.

NSS and SNA Activities

The Student Nurses Association of Little Flower College of Nursing, Thiruvananthapuram is functioning under the leadership of Prof. Dr. Jishi S Das and Ms. Chithra S, is one of the best platforms for student nurses and it provides curricular and co-curricular programs, encourages participation in the community health-related activities and promotes legislative involvement of nursing students

Little Flower College of Nursing has started the NSS unit in the year 2020. The official launch was on January 2021, with the registration number NSS/SFU/KUHS/TVM/8. The programme officer for the NSS unit is Prof. Dr. Muhsinath A R.

- ❖ On 10.10.2024 world mental health day was celebrated by 5th Semester students in Little Flower College of Nursing. The theme for the day was ‘Assess to services-Mental Health in Catastrophes and Emergencies’. The activities included organization of exhibition and awareness talk about mental health.
- ❖ World Diabetes day program was celebrated on 14.11.2024. The theme for the day was ‘Breaking barriers, Bridging gaps’. The program was organized in collaboration with Jubilee Memorial Hospital. The event was inaugurated by Rev Fr Lenin Raj, Managing Director, Jubilee Memorial Hospital, followed by keynote address by Dr Bindhu Rajagopal, Medical Director, Jubilee Memorial Hospital. Free blood sugar testing and BMI assessment was performed for about 120 people.
- ❖ On 21.12.2024 christmas celebration was organized by the 5th semester BSc Nursing students. ‘CASCABELS’ was inaugurated by the Managing director Rev Fr Dr Lenin Raj T, followed by cake cutting, Christmas message and cultural programs.



- ❖ National Youth Day and Week (12/01/2025 to 19/01/2025) was celebrated in Little Flower College of Nursing. The 4th yr BSc Nursing students took initiative to organize an excellent set of programs.
- ❖ Martyr’s Day was observed on 30.01.2025 as a reminder of the sacrifices made by many people who have battles for the freedom, justice and advancement of the nation
- ❖ World Cancer Day was celebrated on 04.02.2025, on the theme ‘United by unique’ by 5th semester BSc nursing students. Cultural and educational programs were conducted in Family Health Center, Veli to mark the day. A free medical check up was also conducted for breast cancer screening.
- ❖ World Kidney Day was celebrated on 14.03.2025 in Jubilee Memorial Hospital on the theme ‘Are your Kidney Ok? Detect early protect health.’ The programme was inaugurated

by Rev Fr Dr Lenin Raj T, Managing Director, Jubilee Memorial Hospital followed by theme revealing by Dr Hanock. An exhibition was also arranged for the public.

- ❖ World earth day was observed on 22.04.2025 on the theme 'Our power, Our planet'. Activities included tree planting drive in the campus, awareness message, clean-up campaign and interactive session on waste segregation and recycling conducted by NSS program officer.
- ❖ World no tobacco day was celebrated on 31.05.2025 in Little Flower College of nursing by 6th semester BSc nursing students. Activities included theme presentation and poster presentation by students.
- ❖ Nurses week was observed in Little Flower College of Nursing on 12th May 2025. The theme for the week was 'Our Nurses. Our future. Caring for nurses strengthens economies'. The students and faculties also participated in various competitions conducted by the Kerala Nurses and Midwives Council and won laurels.
- ❖ Reading Day was observed on 19.06.2025 with the theme of this year 'Reading: Connecting people across generations in society.' The NSS unit in collaboration with 4th semester BSc nursing students organized a program in the college auditorium. The activities included Theme revealing, wall of words, digital storytelling contest, read-aloud circle, quiz competition, poetry recitation. Students and faculty also participated in the state level inauguration of reading day.
- ❖ To mark the 11th international day of yoga a week long celebration was observed from 15.06.2025 to 21.06.2025 under the theme 'Yoga for one earth, one health'. The yoga day session was inaugurated by Dr Manjima K P, National Ayush Mission. An awareness session followed by a yoga session was conducted for all students and staff.
- ❖ The International Day Against Drug Abuse and Illicit Trafficking was observed on 26.06.2025 with great fervor at Little Flower College of Nursing by 6th semester BSc Nursing students to raise awareness about the devastating impact of drugs. The theme for 2025 is 'Break the cycle, stop organized crimes'. Activities conducted included Flash mob, Theme dance, Pledge, Awareness message, Walkathon, Creation of Wall of Hope, Topic discussion and Badge distribution.



- ❖ The graduation ceremony for the outgoing batch was organized on 05.07.2025 the ceremony was presided by His Excellency Rt. Rev. Dr.Christudas Rajappan, Auxiliary Bishop of Latin Archdiocese of Trivandrum and the chief guest for the occasion was Rev, Fr. Dr Salvin Augustine, Principal, Loyola School.
- ❖ The World Population Day was observed on 11.07.2025 by 2nd semester BSc nursing students on the theme ‘Empowering young people to create the families they want in a fair and hopeful world.’ Students organized flash mob, health play and poster presentation at Manvila Junction.
- ❖ World Hepatitis day was celebrated on 28.07.2025 by 4th semester BSc nursing students to commemorate the birthday of Dr Barunch Blumberg, who discovered the hepatitis B virus and developed a vaccine for it. A session was organized for the public in Jubilee Memorial Hospital stressing on various aspects of Hepatitis. A poster exhibition was also organized in the parent hospital.
- ❖ Onam was celebrated in Little Flower College of Nursing on 27.08.2025 by 7th semester students. The day was filled with joy and excitement. Onam songs and dance filled the air. A tasty Sadhya was also arranged for all students and staff.
- ❖ ‘Enduro’ annual sports meet 2025 was organized on 19th September in Little Flower inaugurated by Prof Dr Jayarajan David D, former Director of physical education, University of Kerala and professor and head, department of physical education government of physical education government college of women, Vazhthacadu, Trivandrum. The students participated in various events and won prizes for their respective houses.



- ❖ The Cultural fest ‘Kalakriti’ was organized on 26th and 27th September 2025 in Little Flower College of Nursing. The chief guest for the program was Dr Dileepa S. Hari, State Vice President, Kerala Arts Leadership Council, Director GKM CCMT, Trivandrum. The cultural fest showcased the diverse talents, traditions and performances, fostering a sense of community and shared experience among students.

SNA Achievements

- SNA South Zone Sports Meet 2025: LFCN achieved overall 2nd runner up trophy
- Prizes were secured for many items in SNA South Zone Arts 2025
- Mr. Alwin Rose, 4th Sem student of LFCN hold the title of Individual Champion (Boys)

Workshop

A state level workshop was conducted on 26.07. 2025 on the topic Oncology crossroad: Advancing care, empowering nurses organized by Department of Medical Surgical nursing. The workshop was credited with 7hrs Kerala Nurses and Midwifery Council.



Publications

On 1st October 2024 the 7th edition of our college magazine was published “Drizzle-A mist of Creativity”. Little Flower College magazine is a delicate drizzle of creativity, nurturing the blossoms of imagination and inspiring young minds to flourish. With every page turn, readers are transported to a world of vibrant colors, innovative ideas, and artistic expression, making it a true masterpiece of creative brilliance. It includes works of staff as well as students.

Scholarships

We support our students through various scholarship programs. In the academic year, the following scholarships were awarded to the students

1. Management: 12 students received 10,000 each.
2. LFCN Alumni (Kaithangu) : 4 students received 5,000/- each
3. PTA : 4 students received Rs. 5,000/- each .
4. Govt. E- Grants: 11 Students received an amount of Rs.1,37,200/- each.
5. Govt. fisheries: 24 Students received an amount of Rs. 1,37,200/- each.
6. CH Muhammed Koya : 17 students received 13,000/- each.
7. Vidhya Sammunathi: 3 students received 7,000/ each.

Highlights of the year

- SNA Zonal Sports competition prizes
- Badminton court in College of Nursing
- Sanction received for GNM 30 seats

Future plans

- Enhancement of seats from 55 to 100
- Starting MSc, Post basic and specialty course in nursing
- Starting of the new community center at adopted village

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Principal,
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Thiruvnanathapuram